



CAMP ENCORE

SAMPLE LUNCH MENU

Monday

Turkey and cheese sandwich
Carrots with ranch dressing
Grapes
Lemonade/Water

Tuesday

Peanut butter and jelly sandwich
Chips
Banana
Fruit Punch/Water

Wednesday

Ham and cheese sandwich
Celery with ranch dressing
Orange
Tea/Water

Thursday

Roast beef and cheese sandwich
Chips
Apple
Lemonade/Water

Friday

Pizza
Cookie
Fruit Punch/Water

Items are subject to change. Dietary restrictions and allergies will be accommodated.