



CATHEDRAL ARTS PROJECT

Instruct. Instill. Inspire.

2019-2020





About CAP

The Cathedral Arts Project is the leading nonprofit provider of quality, comprehensive and ongoing instruction in the visual and performing arts for school-aged children and youth in Duval County.

The driving force behind all CAP programs is the belief that the arts matter—they provide essential skills, like creative thinking, perseverance, teamwork and self-discipline, that benefit all people in all areas of their lives.

CAP was founded in 1993 at Jacksonville's St. John's Cathedral as an afterschool dance class for 10 children from a nearby transitional housing facility. Between 1996 and 1999, a modest but energetic and dedicated staff brought new programs in visual arts, chorus, theatre and violin to nearly 20 elementary schools. Addressing its rapidly evolving needs, between 2000 and 2003 CAP acquired 501(c)(3) status, hired The Rev. Kimberly L. Hyatt as President & CEO, and made classes twice-weekly. Now in its third decade of service, CAP has provided quality arts education to more than 30,000 school-aged children and garnered praise at local, state and national levels. The steady enrollment in CAP's programs is due to the compelling nature of the curriculum, the quality of its local teaching artists, and the desire of children and families to embrace education in the arts as a means of fostering true change in their lives.

In the fall of 2019, CAP hired a second full-time teaching artist fellow after a successful pilot year. In addition to teaching string classes at four elementary schools across Jacksonville, the new fellow launched the CAP String Orchestra, an ensemble of current and former CAP string students who collaborate, perform and further their understanding of classical and contemporary music. In early 2020, a third teaching artist fellow was hired, specializing in art as therapy for children with specialized needs. The Covid-19 pandemic necessitated a shift from in-person to virtual instruction for the remainder of the academic year. The innovation and creative thinking displayed by leadership, staff and teaching artists enabled CAP to continue providing quality arts education to children in Duval County who need it most.



During 2019-2020, CAP served

1,202
children

through

52 afterschool,
school day
and summer
programs

Program Portfolio

Through a variety of offerings including afterschool, school day and summer programs, cultural experiences, advocacy, community partnerships and professional development, CAP seeks to instruct, instill and inspire.

The rich variety of direct services CAP provides addresses arts education gaps.

Arts Ignite

Afterschool instruction

CAP provides quality, standards-based instruction in dance, music, theatre and the visual arts that immerses students in the vocabulary, history and beauty of an art form. Through rigorous and stimulating twice-weekly classes, students learn the various elements of their chosen discipline, participate in character- and self-esteem-building exercises and learn effective means of communication and critical thinking. Highly qualified teaching artists spend at least two hours each week mentoring students, building their skills over the course of a school year and transforming not only their academic performance, but also their lives.

Art Smarts

School day instruction

CAP works to increase standards-based arts learning during the school day, both as independent subjects and through arts-integrated curriculum in other courses. Yearlong classes, short-term collaborations, artist residencies and project-based programs help students develop the critical thinking skills needed for proficiency in both the arts and other academic subjects.

CAPabilities

Instruction for children with specialized needs

CAP enables children with specialized needs to fully engage with the arts and empowers them to unleash their creative potential. This program assures no child is excluded because of learning, language, socialization or physical challenges and that all learners have adaptive, personalized opportunities to engage with the arts. In addition, CAP provides professional development and programming for artists, educators and families focused on integrating the arts in the classroom and at home for children with physical and developmental needs.

CAP Connect

Field trips and guest artist visits

CAP inspires students by introducing them to professional and diverse working artists through field trips to arts and cultural venues in the community and guest artist presentations and performances at their program sites. These opportunities allow students to connect with local, regional and national arts professionals across all arts disciplines, providing gateway experiences that illustrate what a life informed by arts and culture looks and feels like. This exposure ensures students see the possibilities for creative careers, understand the importance of public investment in the arts and imagine their own futures in an arts-rich community.



Through these programs, CAP:

Instructs using a standards-based curriculum that immerses students in the vocabulary, history and beauty of an art form.

Instills through rigorous and sequential learning, building students' skills over the course of a year.

Inspires students by introducing professional, diverse, working artists through field trips to arts and culture venues and presentations at program sites.

Provides gateway experiences to show students what a life informed by arts and culture looks and feels like.



Camp Encore

Summer camp

Camp Encore provides children ages 6 to 11 with week-long education in visual and performing arts, allowing them to discover their passions and grow their creativity during summer months. Led by qualified teaching artists, campers explore dance, music, theatre and the visual arts each day. These short-term, high quality learning opportunities prevent summer learning loss and reinforce the skills like creative thinking, perseverance and self-discipline that help children succeed throughout life.

Creative CAPacity

Professional development for artists and educators

CAP encourages lifelong learning in the arts and motivates local arts educators to remain current with trends and best practices in all arts disciplines for the benefit of their roles as both instructors and practitioners. Through local and national partnerships with organizations like Arts4All Florida and the John F. Kennedy Center for the Performing Arts, CAP provides high-quality training that develops the capacity of arts educators to deliver effective, meaningful instruction in the arts; school administrators to support arts programming; and professional artists to support the needs of public education.

Curating Confidence

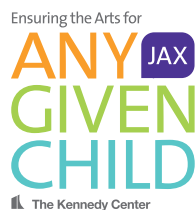
Student talent recognition

Showcasing student work is a mainstay of CAP programs, serving as a reward for students' hard work and reinforcing the self-confidence and maturity fostered in classes. CAP partners with local, regional and national institutions to showcase student work and performances, increasing their confidence, encouraging a high standard of instruction and promoting arts education on a larger scale.

Encore

Summertime instruction

CAP provides quality, standards-based instruction in all arts disciplines during summer months, sustaining learning for children who receive school day and/or afterschool instruction and engaging children who do not have access to school-based arts education during the academic year. This continued engagement in the arts is essential for children to retain knowledge gained during the school year and reinforce the critical thinking, communication and character-building skills necessary to achieve artistic, academic and personal success.



Any Given Child Jacksonville

Arts education advocacy

Any Given Child Jacksonville strengthens the impact of CAP by bringing national-level expertise and momentum to the arts-in-education movement—uniting stakeholders behind a common vision, identifying and ameliorating gaps in access, and working to secure and direct resources where they are most needed. AGC Jacksonville places arts education at the forefront of community dialogue about education and illustrates how the visual and performing arts can provide pathways to excellence for all learners.



LEAD

Landscape of Education in the Arts in Duval

As participation in the arts has exponentially increased, Duval County students are subsequently doing better in school, ranking top in the nation for math and reading, competing and winning nationally in the arts, and graduating at record-high rates. However, without reliable data on arts education in schools—especially in large districts like Duval County—it is difficult for communities to understand the impact, equity and standards of quality arts learning.



Teaching Artists

CAP employs Florida certified teaching artists and assistants who are chosen for their accomplishments and expertise in their artistic field, ability to communicate with children and depth of experience in the classroom.

On average, CAP teaching artists have more than 15 years experience as an artist or educator, and 80% possess a bachelor's degree or higher in their particular arts discipline. Teaching artists serve as positive role models who mentor students, guide them in building character and self-esteem, enhance academic success and teach the elements of visual or performing arts. In 2018, CAP launched a teaching artist fellowship program. Fellows are hired as full-time employees for three years, teaching four to five courses twice-weekly across Jacksonville while also serving as part of CAP's administrative staff and pursuing advanced degrees or certifications specific to their discipline.

CAP's teaching artists design their own curricula using Florida Standards and the National Core Arts Standards, as well as best practices outlined by the National Endowment for the Arts and the Kennedy Center. Performance is monitored by the chief program officer, senior director of programs and program coordinator, who observe all classes throughout the year. Through rigorous and stimulating programs, students learn the various elements of an artistic form, participate in character-building exercises and learn effective means of communication—transforming not only their academic and social performance, but also their overall lives.

Priority for programs is given to students at schools where at least 75% of those enrolled live below 130% of the poverty level and therefore qualify for free or reduced-price meals.

Program sites are spread throughout the county, geographically located in all but one school board district and 10 of Jacksonville's 14 city council districts.

Arts Ignite classes meet twice-weekly between September and May, for two to four total hours per week.

Encore classes meet daily for a minimum of one hour.

Enrollment is capped at 15-30 students per class, dependent on the discipline. This individual attention ensures each child has the opportunity to question, touch, explore and create.



During 2019-2020, CAP employed

30 teaching artists

33 classroom assistants and an additional

2 guest artists



Populations Served

All children deserve instruction in the visual and performing arts.

In principle and in practice, CAP provides equal access to quality arts instruction, regardless of nationality, ethnicity, race, gender, disability, religion, sexual orientation or geographic location within its service area.

CAP primarily serves children in K-8 Duval County Public Schools. In 2019-2020, 67% of CAP programs were held at Title I schools or high-need community sites.

The ethnic and racial distribution of CAP students is similar to that of DCPS. African American youth make up the largest percentage—53%—of those CAP serves. Overall, there is a higher percentage of females (62%) participating in CAP programs than males (38%).

Ethnic Distribution	DCPS	CAP
Black or African American	44%	53%
Asian, Native Hawaiian, or Other Pacific Islander	4%	4%
Hispanic or Latinx	13%	11%
White	33%	20%
Two or More Races	5%	10%
American Indian or Alaska Native	<1%	<1%
Other or Declined to Identify	--	2%



Curriculum & Results

Although student stories alone show the tremendous impact their arts education experience makes, CAP prides itself on using data and assessment tools to ensure the most effective programs possible.

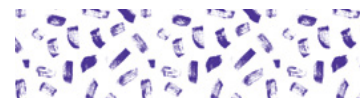
Twelve different metrics—seven behavioral and five discipline-specific—are monitored. Evaluation tools include:

- Pre- and post-program assessment surveys
- Artist journals, classroom observations
- Student performance evaluations
- Mid-term evaluations of student grade averages
- Attendance records

Teaching artists utilize pre- and post-program skills assessments to evaluate student progress with regard to:

- Artistic skills and mastery of Florida Standards
- Class participation and project completion
- Teamwork, including communication with peers and adults
- Measurement of attitudes and effective growth

In 2019, CAP partnered with University of North Florida professor Dr. Hope E. Wilson to analyze the outcomes for CAP students who participated in in-school arts integrated lessons. Her research evaluated the influence of those classes on students' attitudes toward learning core subjects and the effects on their academic performance and creative thinking skills. "It is not often that a program evaluation produces results that are as overwhelmingly positive as CAP's," said Dr. Wilson. "The effect on student attitudes, creative thinking and integration demonstrate the efficacy of the program to provide benefits to schools."



These results confirm what research shows about the benefits of arts education. **Children from low-income households who have opportunities to participate in the visual or performing arts demonstrate:**

Higher academic achievement

More civic engagement and volunteerism

Better employment and career outcomes



Student Improvement	10-11	11-12	12-13	13-14	14-15	15-16	16-17	17-18	18-19	19-20	10-year Avg.
Demonstrate skills needed to produce quality art or performance.	93%	92%	90%	82%	90%	94%	85%	84%	89%	86%	89%
Actively participate in class sessions.	86%	87%	86%	80%	87%	87%	84%	79%	90%	88%	85%
Work on task from beginning to end.	88%	86%	85%	80%	89%	88%	84%	70%	88%	88%	85%
Express anger and conflict appropriately.	80%	87%	80%	78%	87%	82%	85%	70%	93%	82%	82%
Communicate effectively with adults.	81%	82%	84%	83%	88%	88%	85%	75%	89%	86%	84%
Behave in a cooperative way with others in a group.	85%	87%	86%	83%	89%	84%	82%	74%	88%	86%	84%
Communicate effectively with peers.	86%	86%	91%	83%	88%	84%	84%	72%	88%	89%	85%
Improved in at least one metric.	98%	97%	99%	94%	96%	93%	98%	94%	99%	98%	97%

Discipline-Specific Improvement	19-20	10-year Avg.
Demonstrate knowledge of technique and elements of artistic discipline	92%	91%
Demonstrate knowledge of historical and cultural context of artistic discipline	95%	91%
Overall knowledge of artistic discipline improved	97%	91%
Behave appropriately as a performer or in an audience	94%	88%
Effectively communicate elements learned about their artistic discipline	92%	90%



CAP programs have a strong and enduring impact. Since 2012, CAP has undergone several independent research studies, the results of which consistently show statistically significant differences between CAP students and matched non-CAP peers.



CAP annually surveys its students, teaching artists, principals and student families. Family feedback often explains the transformation seen in children once they become involved in the arts. Self-evaluation helps CAP assess the benefits from the student's perspective.

Student feedback:

I learned how to do my best and never give up.

CAP helps me face my fears.

CAP helps me do better in school because it's like extra homework and stretches my brain.

[Art] helps me physically and mentally.

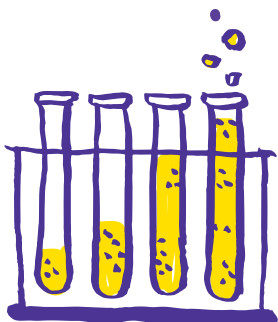
I've learned how to be creative and not be shy.

Dance makes me feel happy and alive!

Chin up, eyes forward; have a good attitude; if you mess up, keep going; and always help [your] peers.

On average, CAP students:

Perform better in science



Have lowest numbers of behavior violations in high-behavior-incident schools

Attend more days of school



Achieve higher grade level proficiency in reading and math

Receive half as many behavioral violations as peers



Score higher on standardized tests



Performances & Exhibitions

Showcasing student work is a mainstay of CAP programs, serving as a reward for their hard work and reinforcing the self-confidence and maturity fostered in classes.

CAP students annually participate in at least two public exhibitions or performances. The Visual and Performing Arts Showcases, which take place each spring, are the ultimate finale for all CAP students. Each visual artist is provided individual exhibition space and each musician, dancer and actor is given appropriate materials with which to perform. From new and properly-fitting dance shoes to appropriately sized violins, CAP ensures all students who create works of art for the showcases are given every opportunity to shine. This is critical—for most students, it is their first time exhibiting a piece of art or performing on a professional stage.

The Community and Student Galleries

While all CAP programs take place in schools and organizations throughout the community, CAP's downtown offices provide a space to showcase students' and local artists' work to visitors through exhibitions in the Paula and Charlie Margiotta Student Gallery and the Heather Moore Community Gallery. The Community Gallery enriches the quality of life in Northeast Florida by providing a unique venue for emerging and established artists to exhibit original works of art. The purpose of the gallery is to nurture individual artistic expression, encourage the exchange of ideas and inspire a lifelong commitment to the arts. Exhibitions, related events and programs enrich the cultural footprint of the community by engaging the arts and educational communities, cultural organizations and diverse audiences along the First Coast.



During 2019-2020,
CAP students experienced:

19 performance
and exhibition
opportunities
— impacting —
**audiences
across
Jacksonville**



Strategy

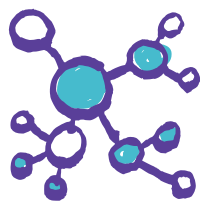
CAP utilizes a three-fold strategy to ensure every child has access to an arts-rich education.

This strategy balances expanding access to arts education for as many children as possible while maintaining the quality of the learning process. CAP's strategy revolves around three objectives—deepening rigor, expanding reach and broadening relevance.



Rigor

Through programs where CAP serves children directly, CAP will leverage its strengths and the resources specific to each site to continue to deepen rigor and markers of quality.



Reach

Through partnerships with local, regional and national organizations, CAP will expand its reach by placing its subject matter expertise and network of relationships at the service of others to implement quality arts learning for more children than CAP could reach on its own.



Relevance

Through advocacy, CAP will broaden the relevance of arts education in the Jacksonville community and media for expanded access for all children in all disciplines.



CAP Needs Your Support

Learning an art form—whether dance, music, theatre or the visual arts—allows children and youth to gain essential skills, like creative thinking, perseverance, teamwork and self-discipline, that benefit them in all areas of their life.

The arts provide experiences that are personally enriching, building the confidence and character children need to excel.

Research compiled by national organizations like the Arts Education Partnership, National Endowment for the Arts and National Guild for Community Arts Education shows clear links between involvement in the arts and positive outcomes in academics, creative and critical thinking, personal behavior and self-efficacy, as well as social and civic participation. These benefits go hand in hand with the intrinsic and unquantifiable value of the arts to enrich not only individual children, but also their surrounding communities.

Every child should have these opportunities. Too often, certain populations of children do not have access to an arts-rich education because of limited access and resources in their schools, communities or homes. Yet these are the children for which the arts can have the strongest and longest-lasting impacts. **Children from low-income households who regularly participate in the arts are five times more likely to graduate from high school than their peers.**

CAP needs your support as it stands poised to make great strides toward the accomplishment of its vision for every child in Northeast Florida to have access to a well-rounded, arts-rich education that endows his or her spirit with the imagination, self-confidence and strength of character that inspires great leadership and a will to succeed.



Contact

The Rev. Kimberly L. Hyatt

President & CEO

khyatt@capkids.org

904.333.2544 (c)

Janette Allen

Vice President of Development &

Campaign Director

janette@capkids.org

904.281.5599 ext. 18

Allison Galloway-Gonzalez

Chief Program Officer &

Any Given Child Executive Director

allison@capkids.org

904.281.5599 ext. 22