



Chairs announced for 24th Annual Cowford Ball

The American Cancer Society has announced that Donna and Tommy Zaccour will chair the 24th Annual Cowford Ball. The couple has been involved in the nonprofit for nearly 15 years. They have some exciting ideas for the event, include dueling pianos. The 2019 Cowford Ball is planned for Saturday, Sept. 28, at The Glass Factory.

Glisson joins Avondale real estate office

Avondale resident Melissa Glisson has joined the Avondale office of Berkshire Hathaway Home-Services Florida Network Realty with over six years' experience working in real estate. Previously a transaction coordi-



nator with another local office, Glisson worked with their top agent to handle Chapter 7 bankruptcy short sales, and has experience with historic homes and

their construction. Glisson loves photography with a specific interest in portraits; takes Continuing Education Courses to learn new skills, including astrophysics at Florida State College - Jacksonville, loves debate, and listens to NPR and podcasts constantly. She believes travel is truly valuable, and has Hawaii on her list of places to travel in 2019.

Ward, Glock to be honored as Guardians of the Arts

The Cathedral Arts Project announced its 2019 recipients of the Guardians of the Arts award are Michael J. Ward and Jennifer L. Glock, who will be honored at the 15th annual Spring for the Arts, Friday, April 26, at The River Club.

Through the Michael Ward & Jennifer Glock Foundation, the San Marco couple has long supported the advancement of the arts through several nonprofits, including the Jacksonville Arts & Music School, Jacksonville Symphony, Theatre Jacksonville, the Jacksonville Children's Chorus and the Cathedral Arts Project.

"We are delighted to be able to recognize Jennifer and Michael for their commitment to expanding artistic and educational opportunities for the children and youth of Duval County. They understand the power of education and how important it is that the arts have a central role in order to equip children for success in school, on the job and in life," said Kimberly Hyatt, CAP president and CEO.

Ward served as the chairman and chief executive officer of CSX Corporation for 14 years. During his 40-year career at the Jacksonville-based company, Ward headed its operations, coal sales and marketing, and finance departments.

A native of Baltimore, Maryland, Ward is a member of the Board of Directors of Ashland Global Holdings, Inc. and PNC Financial Services Group, Inc. He also serves on various not-for-profit boards including One Love, United Way of Northeast Florida, Edward Waters College, Hubbard House, the Civic Council of Jacksonville, and City Year, which recognized him with its prestigious Lifetime of Idealism Award for his commitment to personal philanthropy and corporate citizenship.

"The arts provide us with different ways to see and feel the world and learn surprising things about ourselves."

– Jennifer Glock

Glock, a native West Virginian, is a Licensed Marriage and Family Therapist. She earned an undergraduate degree in Speech Pathology and Audiology and a master's degree in Clinical Psychology. She has been practicing as a marriage and family therapist in Jacksonville for over 40 years, with no plans to retire because she loves what she does and wants to continue as a therapist as long as she can.



"We believe the arts are very important because they provide us with many experiences that contribute to a fuller, richer life. The arts provide us with different ways to see and feel the world and learn surprising things about ourselves," said Glock. "The arts provide us with feelings of pleasure and enjoyment and some relief from everyday life. Providing education in the arts gives children an important outlet for creativity, self-expression, self-confidence, and a greater understanding and kinship with the world."





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